

Do you suffer from Affluenza?

Affluenza - a painful, contagious, socially transmitted condition of overload, debt, anxiety and waste resulting from the dogged pursuit of obtaining more.

Take the quiz to find out if this condition may be affecting you. Choose the most appropriate answer to the questions below, go to www.pbs.org and search "Affluenza" to learn more.

1 - Disagree 2 - Somewhat Disagree
3 - Somewhat Agree 4 - Agree

- 1 My life would be happier if I had more money.
1 2 3 4
- 2 I often feel overwhelmed by the amount of stuff I have, and the amount of time it takes to pay for, maintain, and store it all. 1 2 3 4
- 3 My partner and I have different views on spending and saving, it's hard to talk about these subjects without arguing. 1 2 3 4
- 4 My children seemed more materialistic than I was at their age. (If you have no children, answer this from your experience with the children you know)
1 2 3 4
- 5 I never seem to have enough "quality time" with my family and other loved ones. 1 2 3 4
- 6 Our family loves clothing with the fashionable logos on it, and we're usually among the first on the block to see the latest hit movie. 1 2 3 4
- 7 I hardly know my neighbors, I feel disconnected from my local community. 1 2 3 4
- 8 I very often feel rushed, with too much to do and not enough time to do it all. 1 2 3 4
- 9 I don't enjoy my job, I would quit if I didn't have to work for money. 1 2 3 4

10 I don't feel that I live my life in total alignment with my values and beliefs. 1 2 3 4

11 When making buying decisions, I seldom consider whether the items are environmentally or socially friendly (e.g., union made, organic, recyclable, etc.).
1 2 3 4

12 I could use public transportation or carpool to work at least part of the time, but do not do so on a regular basis. 1 2 3 4

13 I don't know what the interest rates are on my credit cards or exactly how much debt I have.
1 2 3 4

14 I pay only the minimum monthly payment on my credit cards. 1 2 3 4

15 I do not put money into savings regularly.
1 2 3 4

16 I recycle on occasion, but we don't recycle regularly at home. 1 2 3 4

17 I spend much more time shopping each month than I do being involved in my community.
1 2 3 4

18 I grocery shop at the last minute, don't have time for coupons, and have a hard time sticking to my list.
1 2 3 4

19 I sometimes buy something because it's cool or fashionable, not because I loved or need it.
1 2 3 4

20 I know I have more "extras" in my life than my parents and grandparents did, but I don't feel as satisfied with my standard of living as I think they did with theirs. 1 2 3 4

True wealth is not measured by what we own but rather by what we own that generates income. What we own is simply a measure of our consumption.

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